

OMFT in Holland

The cooperation between SLP's and dentists

Dear Swedish colleagues,

We hereby present you the format for our workshop that we would love to present to you on September 4th 2024.

The workshop consists of two parts: a more theoretic part in the morning and a more practical part in the midday.

In the theoretic part we would like to invite you to learn about how we work with Oral Motor Functional Therapy in The Netherlands. This therapy is mostly focussed on treating weak muscle tone of the tongue and lips in children in the age of 3-18. In our practice we see a lot of mouth breathing in combination with a low resting position of the tongue and an infantile swallowing pattern (protrusion of the tongue while swallowing). This has an effect on the position of the teeth, the oral hygiene and the alveolair sound production (in Holland: s/z/d/t/l/n). Usually the treatment takes us about 12 weeks to complete.

We would love to present what we do in these cases; what we use for measurements, what we use as treatment, what we want to see as an outcome and how we work together with dentists.

In the more practical part we would like to give you useful tips and tricks that are easily translated for parents to do at home. We will practice on eachother and we as tutors will be able to give feedback.

At the end of the day we hope that you can take home

- Knowledge on what Oral Motor Functional Treatment (OMFT) is
- Knowledge on the differences and similarities on treatment of Oral Motor Function Treatment in Holland and Sweden
- Skills to detect low muscle tone of the oral area
- Excercises to do with these children in treatment and to give to parents to practice at home with their children.

In the end we would love to see improved muscle tone, less mouth breathing and better speech sound production in the Swedisch patients.

Hope to see you in Danderyds Sjukhus,

Kind regards,

Marianne Bruinse SLP and Inge Prevoo SLP